

# Don't stress about your New Year's smooch

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NEW YORK — This New Year's Eve, keep your cool and don't stress about the stroke-of-midnight smooch.

Andrea Demirjian is the author of *Kissing: Everything You Ever Wanted to Know About One of Life's Sweetest Pleasures* (Penguin), and she says when the ball drops this New Year's Eve, you shouldn't put too much stress on the celebratory smooch.



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She says, "If you're with friends, you'll definitely be kissing someone. It might not be a romantic kiss, but it's still a wonderful thing. It doesn't make New Year's any less special."

Demirjian says that while "Holiday season is like a 007 license to kiss," it's important to stay cool when

leaning in for a smooch with a stranger.

She says, "Be polite. You don't need to go in with the tongue right away."

And if you're lucky enough to lock lips with a lover, Demirjian has some rules to keep things from getting too raunchy.

She says, "Less is more. You don't want people to yell, 'Get a room!' Save your super sexy kissing for your private after party."

For more info, check out [kissingbook.com](http://kissingbook.com).



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Insight Fiesta Bowl Block Party planners say downtown Tempe will still be the place to be for New Year's Eve.

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